

FOR DEXA (BONE DENSITY) REQUESTS all questions on this form must be answered

U. S. Preventative Care Guidelines for Osteoporosis/bone density screening

Every 2 years for females at age 60 for women at high risk; routinely every 2 years for women age 65 and older.

The FRAX and QFrax are the tools used to access the fracture risk. They can be accessed at the the following links

<http://www.shef.ac.uk/FRAX/tool.jsp> <http://www.qfracture.org/index.php>

Member name: _____ Member ID#: _____

Date of Birth: _____ Age: _____

Height _____ Weight _____ Sex: ☐ Female ☐ Male Ethnicity _____

1) Has patient had a previous fracture of the wrist, spine, hip or shoulder in adult life that occurred spontaneously, or from minor trauma? ☐ YES ☐ NO

If yes, where was fracture, how did it occur, and when _____

2) Did either parent have a fractured hip? ☐ YES ☐ NO

3) Does patient currently smoke? ☐ YES ☐ NO

4) Chronic use of oral steroids or have been they been on oral steroids more than 3 months?

☐ YES ☐ NO If yes, what drug, dose, and for how long? _____

5) Does the patient have a laboratory confirmed diagnosis of Rheumatoid arthritis or SLE? ☐ YES ☐ NO

6) Does patient have insulin dependent diabetes? ☐ YES ☐ NO

7) Does patient have osteogenesis imperfecta? ☐ YES ☐ NO

8) Does patient have untreated long-standing hyperthyroidism? ☐ YES ☐ NO

9) Does patient have hypogonadism? ☐ YES ☐ NO

10) Did patient experience premature menopause (<45 years)? ☐ YES ☐ NO If yes, what age? _____

11) Is patient taking estrogen only HRT? ☐ YES ☐ NO If yes, what drug _____

12) Does patient have a diagnosis of chronic malnutrition? ☐ YES ☐ NO If yes, explain _____

13) Does patient have a diagnosis of malabsorption (i. e Crohn's disease, ulcerative colitis, celiac disease, steatorrhea or blind loop syndrome? ☐ YES ☐ NO If yes, explain _____

14) Does patient have a diagnosis of chronic liver disease? ☐ YES ☐ NO If yes, explain _____

15) Does patient drink alcohol 3 or more ounces per day? ☐ YES ☐ NO

16) Previous bone mineral density? ☐ YES ☐ NO (T-score) of femoral neck _____ Date _____

17) Is patient currently taking bisphosphonates? ☐ YES ☐ NO

If yes, what drug and when was drug started _____

Please include the following:

- results of last DEXA
- records to support all YES answers
- records to support any of the diagnoses listed below

- ☐ HIV/Aids
- ☐ Sarcoidosis
- ☐ Acromegaly
- ☐ Adrenal atrophy and Addison's disease
- ☐ Postablative testicular hypofunction (testicular hypofunction; iatrogenic, postirradiation, postsurgical); other testicular hypofunction
- ☐ Ectopic hormone secretion, not elsewhere classified
- ☐ Osteomalacia, unspecified
- ☐ Hemochromatosis
- ☐ Hypophosphatasia
- ☐ Congenital porphyria
- ☐ Pernicious anemia
- ☐ Thalassemia
- ☐ Hemophilia
- ☐ Multiple sclerosis
- ☐ Primary biliary cirrhosis
- ☐ Mastocytosis
- ☐ To report an individual who is receiving ongoing drug therapy for osteoporosis and is being monitored for effectiveness
- ☐ Amyloidosis
- ☐ Gonadotropin-releasing hormone agonists
- ☐ Nutritional disorders
- ☐ Parenteral nutrition
- ☐ Tumor secretion of parathyroid-hormone-related peptide